

CW Mind Service Launch!



The Safe Haven is a service
for people who...

Feel as though they
are unable to cope

May not know
where to start
looking for help

Need out of
hours mental
health support

Wellbeing practitioners will be
available via phone, video link,
text message or email.

Contact the team in the following
ways:

T: [02477 714554](tel:02477714554)

M: [07970 042270](tel:07970042270)

E: safehaven@cwmind.org.uk

The Safe Haven Team will
provide reassuring support to
those finding life difficult.

Wellbeing practitioners will guide
towards creating coping
strategies which support the self
management of mental health
and emotional wellbeing

Safe Haven Warwickshire

Safe Haven provides an out of
hours mental health support
service to people across
Warwickshire

Wellbeing practitioners are on
hand each evening to offer
support and signposting

Open: 6pm-11pm every Thursday
to Sunday

 **mind** | Coventry and
Warwickshire